



A Golden Offering

After much research and investigation we have finally been able to locate a suitable, high quality gold paint to refresh the ornaments and roof of our holy temple.

Now after the fantastic efforts of a team of volunteers, the job is almost complete. The roof, the deer and dharmachakra, the ornaments and the more than 400 lotus petals once again sparkle in the sunshine.



Be sure to take a walk around the temple next time you visit so that you can take in the quite spectacular transformation.

The result has been amazing and beyond our expectations, but it has of course come at a cost, with the paint being made to order for us. If you would like to sponsor an amount towards the cost and make a contribution, any donation would be

Medicine Buddha Practice for our Teacher

As most students would be aware, our teacher Les developed a case of shingles while leading a Mahamudra retreat at the Melbourne centre in January.

Despite this, and following the example of his own precious root guru, our founder Geshe Loden, he continued to teach our regular weekly Path to Enlightenment classes throughout term one.



At the suggestion of a group of senior students, a number of sessions of Medicine Buddha practice were arranged. At each session the sadhana was recited and each participant logged the number of mantras recited. Following these get together and with the participation of country and interstate students, we were able to reach a tally of one million mantras. This wonderful total was dedicated to the quick recovery, long life and good health of our precious teacher.

Whilst it was necessary to cancel the Easter retreat this year to give Les an opportunity to rest and recuperate, he is now back to 100% health and looking forward to leading our Winter retreat and continuing with our teaching program for the rest of the year.

Advance Notice Zasep Tulku Rinpoche to Visit in 2019



We are very pleased to announce that we are to be blessed with another visit from the Venerable Acharya Zasep Tulku Rinpoche when he returns to Australia next year.

Venerable Zasep Tulku Rinpoche is a highly realised and respected Buddhist master. Along with the spiritual head of the Tibetan Buddhist Society, Geshe Acharya

Thubten Loden, they were the first two Tibetan lamas to reside in Australia in the mid seventies.

Rinpoche has been the very kind Guru of Les and Margaret since 1976. We have been fortunate to have Rinpoche visit us here in Perth many times since then and we look forward to welcoming him back next year

In what will be a rare and wonderful opportunity for our students, Rinpoche will give the Highest Yoga Tantra initiations of both Yamantaka & Vajrayogini. These precious initiations are not easy to obtain and it has been six years since Rinpoche last bestowed them here in Perth.

Make a note on your calendar of the following dates and if you are considering attending and would like further information when it becomes available later this year, please send an email to our office at contact@tibetanbuddhistsociety.com.au so that we can keep you informed.

- Yamantaka Preliminary - Friday evening March 22nd
- Yamantaka Initiation - Saturday March 23rd
- Vajrayogini Initiation - Sunday March 24th

Rinpoche will also give one or two open teachings during his visit and details will be made available on our web site once the program has been finalised.

A Brief Introduction to Highest Yoga Tantra

For students considering taking initiations from Zasep Tulku Rinpoche next year, we are holding an Introduction to Highest Yoga Tantra. Les will give a general overview of the Vajrayana system and some explanation of the practices and commitments involved in taking these initiations.

Saturday afternoon - October 27th 2pm - 4.30pm

Please let the office know if you are interested in attending.



Meditating on Great Love & Compassion

Lord Buddha said . . .

Radiate boundless love towards the entire world — above, below, and across — unhindered, without ill will, without enmity.

Open Days for Visitors

Our occasional Saturday afternoon openings are a great opportunity for your friends and family to visit our traditional Tibetan Temple and take a look around.

The afternoons are staffed by volunteers and the temple and foyer shop will be open from 1pm to 4pm.



There will be two more afternoons later this year on August 26th & November 24th

Donate Your Unwanted Books



Once again we are collecting books that we can sell through our second hand book stall later in the year.

Past years have shown us that the best sellers are pre-loved dharma books, non-fiction and coffee table books so if you can help out by donating your unwanted items that would be great. As usual, all monies raised will go to our Community Fund and donated to charity.

We hope to have the stall up and running through term four while we still have stock.

Queen's Birthday weekend retreat cancelled

Having become an anticipated event in our teaching program over the last few years, our Queen's Birthday retreat has been cancelled for this year. Sad news for students here in Perth but wonderful news for students in Melbourne as Les has been asked to lead a two week Yamantaka retreat which will commence that weekend.

If you're interested in attending, please contact the Melbourne centre directly for further information. They can be reached by email at contact@tushita.org



Teaching Program

Term Three 2018

Commences on Sunday August 12th
Concludes on Sunday September 16th



Term Four 2018

Commences on Sunday October 14th
Concludes on Sunday December 2nd

Weekly Classes (\$10 by donation)

Path to Enlightenment

Sunday afternoons 4.00pm - 5.30pm
(Temple shop open from 3pm each week)

Vajrayana

(Yamantaka/Vajrayogini classes on alternate weeks)
Tuesday evenings 7.30pm - 9.00pm
(Each term commences with a Yamantaka class)

Learn to Meditate Seminar

Sunday September 9th, 10am to 3pm

An ideal course for those new to meditation and those new meditators looking for a refresher.

This seminar will be conducted by David Michie, a long term student of the Tibetan Buddhist Society and author of *Buddhism for Busy People, Hurry Up & Meditate* and the *Dalai Lama's Cat*.

This one-day seminar will introduce several basic meditation techniques effective for overcoming the debilitating symptoms of stress and unhappiness, and enhancing the quality of life and relationships.

Cost \$120 including morning tea & lunch.

Register and pay online through our secure web site at www.tibetanbuddhistsociety.com.au

Introduction to Buddhism & Meditation

Five weeks commencing Sunday October 14th

This course is ideal for new students and those interested in understanding Buddhist approaches to a happier life. Learn the fundamentals of Buddhist philosophy and psychology and several meditation techniques over five consecutive Sunday mornings.

Each day includes two sessions with morning tea. Cost \$120

Register and pay online through our secure web site at www.tibetanbuddhistsociety.com.au

Dates are correct at the time of publication.
Any changes will be posted on our web site.