



Zasep Tulku Rinpoche to give teachings and initiations in January & February



The Venerable Zasep Tulku Rinpoche is a highly realised and respected Buddhist master. Along with our spiritual head Geshe Acharya Thubten Loden, they were the first two Tibetan lamas who resided in Australia in the mid seventies, and has been the very kind Guru of Les and Margaret since 1976.

Rinpoche has visited us here in Perth many times since 1976 and we look forward to welcoming him back in 2015.

In what is a wonderful opportunity for our students, Rinpoche will grant a number of rare and precious initiations both here in Perth as well as the Tibetan Buddhist Society in Melbourne. The program at both centres includes a public talk as well as a number of teaching days.

The program for Perth is as follows:

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| Wednesday February 4 th | Public Talk – The 3 Principle Paths |
| Friday February 6 th | Chittamani Tara Initiation |
| Saturday February 7 th | White Tara Initiation & Teachings |
| Sunday February 8 th | White Tara Teachings |
| Tuesday February 10 th | Chittamani Tara Teachings |
| Wednesday February 11 th | Chittamani Tara Teachings |

Please note that there are pre-requisites and life long daily commitments associated with the White Tara & Chittamani Tara initiations and teachings. The Public Talk is open to everyone.

For further information and registration details for the initiations and teachings, please contact the office.

The program for Melbourne is as follows:

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| Wednesday January 21 st | Public Talk – The 3 Principle Paths |
| Friday January 23 rd | Preliminary Yamantaka Initiation |
| Saturday January 24 th | Yamantaka Initiation |
| Sunday January 25 th | Vajrayogini Initiation |
| Thursday January 29 th | An Introduction to Highest Yoga Tantra |
| Saturday January 31 st | Yamantaka Completion Stage Teachings |
| Sunday February 1 st | Yamantaka Completion Stage Teachings |

For further information and registration details for the initiations and teachings, in Melbourne, please visit their web site at www.tibetanbuddhistsociety.org.

Supporter's Association Membership Reminder

Renewals for 2014/2015 were due at the end of October.

Membership of the Supporter's Association costs \$55 for a family, \$45 for a standard and \$25 for concession.

Membership can be renewed by forwarding your payment to the centre, or our secure online shopping facility at www.tibetanbuddhistsociety.com.au

As well as contributing to the running costs of the centre, members receive regular newsletters, library access and an invitation to our members' dinner and other events throughout the year

His Holiness the Dalai Lama to visit Perth next year

Once again, the people of Australia will be blessed to have an opportunity to see His Holiness the Dalai Lama when he visits our shores in June next year.

During the 11 day tour His Holiness will visit Sydney, Brisbane and Perth. This trip will include a 5 day teaching retreat in the Blue Mountains as well as a number of public talks in the cities that will be visited.

The Perth public talk will be held at the Perth Arena on Sunday June 14th.

Further details and ticketing information can be found on the "Dalai Lama in Australia" web site at www.dalailainaustralia.org



RETREAT ROUND-UP



This precious human life is short, and making time to attend one or more retreats each year is a way to really extract as much benefit as possible.

Retreats are a wonderful opportunity for students to receive a wealth of teachings in a short time and to engage in a concentrated, intensive period of meditation. In between sessions there is the chance to study, chat with others and get to know each other better.

Retreats are a great way for students to not only develop their dharma practice, but also develop a sense of belonging to our dharma community. In the last six months, many students have attended, enjoyed and benefitted from the following retreats.

EASTER

This year, our popular Easter retreat was attended by almost 60 participants, including a number from interstate. The subject of the three day retreat was the development of Calm Abiding. Teaching extensively from Geshe Loden's "Path to Enlightenment", Les led all meditation sessions, and gave teachings and instructions on the nine stages.

All participants felt that they gained clearer understanding of the stages of meditation and left the retreat looking forward to putting into practice what they had learnt.

JULY

During the July term break we held a three week Vajrayogini retreat. This year we had around 30 participants including six from interstate.

What a fantastic retreat it was for those lucky enough to attend. During the three weeks Les covered much of Geshe Loden's Vajrayogini commentary and guided participants through many of the meditations from generation stage through to completion stage.

Many students reported that this had been their best Vajrayana retreat to date and all participants returned home with renewed enthusiasm and a motivation to practice.

QUEEN'S BIRTHDAY WEEKEND

This long weekend, non-residential retreat is becoming a popular addition to our teaching calendar and this year saw 50 students attend over the three days.

This year was a "Back to Basics" retreat covering the foundations of the Path to Enlightenment. Over the three days Les gave teachings and guided many meditations from Geshe Loden's "Meditations on the Path to Enlightenment", including topics such as the four noble truths, leisure & fortune, death & impermanence and karma.

The main theme of the retreat was the development of renunciation and hopefully all those that attended now have a greater appreciation of this precious human life and a deeper wish to make this life meaningful.

TEACHING PROGRAM

Weekly Classes

Path to Enlightenment

Sunday afternoons 4.00pm - 5.30pm

Vajrayana Classes

Tuesday evenings 7.30pm - 9.00pm

(Each term commences with a Yamantaka class - The relevant initiation is required to attend these classes.)

Term Four 2014

Concludes on Sunday December 7th

Please note that there will be no class on Sunday November 9th.

Term One 2015

Due to the visit of Zasep Tulku Rinpoche, our regular teaching program will not commence until Sunday February 22nd.

UPCOMING COURSES & RETREATS

Meditation Morning

Sunday November 16th, 10.00am to noon

This follow-up morning is for everyone who has previously attended one of our "Learn to Meditate" seminars or "Introduction to Buddhism" courses and anyone looking to develop their meditation skills. The morning will comprise two meditation sessions as well as some time for questions.

Cost \$25 - Registration essential

Registration & pay online through our secure web site.

Dharmakids

Sunday November 23rd, 10.30am to 11.30am

In order to help us prepare, please register the ages & number of children that will be attending by emailing the office .

Cost on the day \$10 per family.

Annual Mahamudra Retreat

Commencing on Saturday January 3rd and concluding on Saturday January 10th, 2015.

Teachings and meditations on understanding and experiencing the conventional nature of mind, as well as the ultimate nature of mind, self and phenomena.

Les will teach from "The Great Treasury of Mahamudra" by Geshe Loden and will lead all meditation sessions. These teachings and meditations are suitable for students of all levels. Some previous experience and a basic understanding of Buddhism is required.

Cost \$475 with accommodation or \$400 without.

Registration forms are available from the temple bookshop, or can be downloaded from the "retreats" section of our web site.

Available from the Temple Bookshop

Reading to enhance your practice ~

Meditations on the Path to Enlightenment

Geshe Acharya Thubten Loden



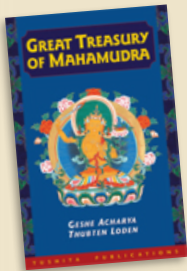
A wonderful companion to the Path to Enlightenment, this book helps to build a personal meditation practice and develop the realisations of the Mahayana path.

It is an ideal book for students working at developing and maintaining their meditation practice. "Meditations" sets out the way to structure a meditation session and then guides you through each of the meditations of the Path to Enlightenment.

600 pages – Hardcover - \$75

Great Treasury of Mahamudra

Geshe Acharya Thubten Loden



This title from Geshe Loden presents the essence of meditating on emptiness from various perspectives within the sutra and tantra systems and is the book from which Les will teach during our upcoming January retreat.

With extensive translations of source material, it shows how to develop the Mahamudra view realising emptiness of persons and phenomena using meditation techniques from the perfection vehicle, Vajrayana vehicle and the six yogas of Naropa.

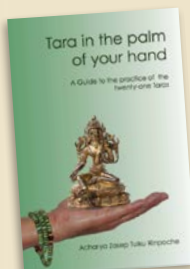
588pages – Hardcover - \$150

Available only to highest yoga tantra students.

Tara in the Palm of Your Hand

(A guide to the practice of the twenty-one Taras)

Acharya Zasep Tulku Rinpoche



The female Buddha Tara has many manifestations. One of the best known are the twenty-one Taras celebrated in the prayer of the 21 praises to Tara.

This practice pays homage to Tara's enlightened activity and the way she skilfully removes both outer and inner obstacles to spiritual attainment. Through recitation and regular practice, it is possible to develop a profound experience of the transformative energy of Tara.

In this book based on traditional texts, Zasep Tulku Rinpoche helps to make Tara & her practice accessible to everyone.

164 pages – Softcover - \$40

A Project Underway

Although it is now three years since our spiritual head and leader Geshe Acharya Thubten Loden passed away, it is through his vision and inspiration that the Tibetan Buddhist Society Perth continues to grow and flourish.

That inspiration, along with the tireless work of our resident teacher Les, his wife Margaret and a team of volunteers is what makes our centre special.

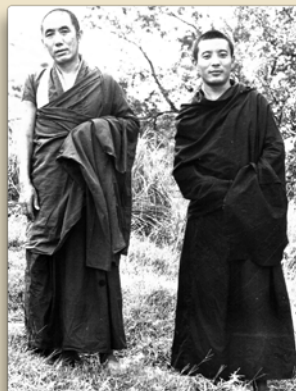
New students, and those that have joined us since we built our beautiful temple may not be aware of our humble beginnings and the many historical events with which we have been involved.

Did you know that Geshe Loden, along with Zasep Tulku Rinpoche, were the first two Tibetan lamas to reside in Australia?

Did you know that the Tibetan Buddhist Society Perth was directly involved with the first tour to Australia of the Gyuto Monks and His Holiness the Dalai Lama?

To both celebrate and preserve our past, we have begun going through the archives, scanning photos and jogging memories with a view to compiling our history for posterity.

More on this as the work progresses - Here's a sneak preview of what's to come.

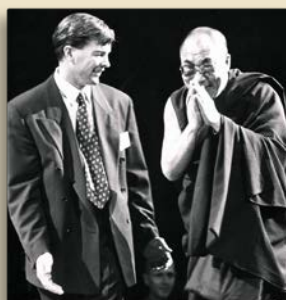


1976

Geshe Loden and Zasep Tulku Rinpoche at Chenrezig Institute Queensland.

1994

The Gyuto Monks come to Perth for the first time.



1992

Les with His Holiness the Dalai Lama during his visit to Perth.